GET> SET> LEEDS.

## LEEDS PHYSICAL ACTIVITY AMBITION CO-PRODUCTION





# Background

Leeds wants to be the most active city in England, and aims to inspire a social movement and develop a shared vision that will encourage and enable people in Leeds to move more every day.

In order to achieve this, Leeds will bring together three core elements:

- improved collaboration and connectedness across the city
- a more in-depth dialogue with people that live and work in the city
- a focus on reducing inequalities.

This work is being brought together and driven through a project called 'Get Set Leeds'. Over 4,500 people living and working in Leeds have had their say in the initial phase of this work through an on-line survey and focus groups. This has made an invaluable contribution to the development of key goals, actions and outcomes, and established a solid foundation of how Leeds will achieve its ambition.

Co-production is pivotal to taking this work forward ensuring that the people of Leeds are at the heart of how the city supports and enables more people to move more.

This toolkit explains Leeds' approach to co-production and how it will drive its ambition to be the most physically active city in England. The toolkit also describes what co-production means to us, why it is important, our guiding principles and the tools to support those implementing this approach. This document is designed to be used by everybody who is working towards making Leeds a more active city, whether they are a community project coordinator or leader, practitioner, policy maker or community member.

## Contents

- 1. Introduction
- 2. What is co-production?
- 3. Why co-production?
- 4. Stages of co-production
- 5. 6 Principles of co-production
- 6. Considerations
- 7. Co-production self-audit tool

# **Our Journey**

Relationships and interactions between our partners, organisations, professionals, communities and residents from across the city are inter-connected and so we felt we needed to approach co-production in its widest sense.

The more we explored and discovered about co-production, we realised that our approach needed to be flexible so that it considered existing community engagement practices, already established in Leeds; such as Asset Based Community Development, Restorative Practice and Better Conversations. These practices all have similar values to our co-production approach as they –

- aim to build on what already exists
- add value and give everybody a voice
- ensure voices are heard and make a difference

Over two years ago a city-wide co-production steering group was established made up of statutory, voluntary and third sector organisations. The steering group organises the annual Leeds Co-production Conference and has developed a set of co-production standards to support organisations. Our co-production approach for physical activity attempts to build on all of this previous work, whilst exploring what it means for physical activity in the city.

It isn't always straightforward for an individual or organisation to adopt a co-produced approach; more time, resource and certain permissions may be required. However, we want to work together to embed co-production into everyday working practices, so it becomes the normal way of working and drives a change in culture.

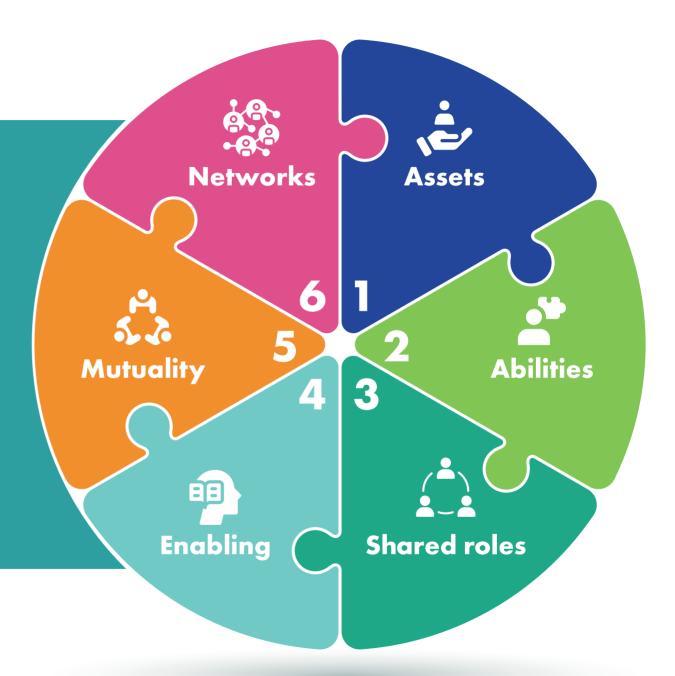
## **Our Vision**

Our vision is that everybody who is helping to make Leeds a more active city, will strive to embed the co-production principles outlined in this document in their work. They will also encourage and support others to do the same. Ultimately everyone will work together, share power, resources and responsibilities to make Leeds a more active city.

This is a live document and the aim is to constantly reflect on this work and the work of others. The skills, expertise and experience of all those using this document will be embraced, and used to continually strive to improve and update the guidance and support that can be offered.

# What is Co-production?

Co-production involves people coming together, sharing power, resources and responsibility, in order to bring about collaborative change and collective learning.



Leeds 5

# Why Co-production?

Co-production has many benefits. However working in a co-productive way is not always easy or straightforward, so it is important to understand what these benefits are in order to understand why it's worthwhile putting the extra effort into co-producing physical activity in Leeds. unlocks fresh ideas and new approaches providing everyone with the opportunity to 'zoom out' and get a new perspective

7

6

8

5

**BENEFITS OF** 

**CO-PRODUCTION** 

Δ

enables collaborative social engagement and the building of new relationships

2

3

creates access to opportunities for people to develop their skills, knowledge and employability

produces better outcomes by producing what people actually want and not what others think they need

produces community-wide solutions through collaborative problem solving

> ensures individuals are respected as the experts in their own lives, building confidence and self-belief

> > improves the efficiency of operational and strategic decision making

strengthens communities so they can solve problems and meet challenges together



# **Stages of Co-production**

Co-production is often broken down into four clear stages. The definitions of each stage help us:

- to understand what co-production means in practice
- reflect on how we currently work
- help us consider existing co-production examples currently in practice

The stages can be done in any order, particularly when reflecting on a piece of work. However, for a new project it's recommended that co-design, codelivery and co-evaluation are done in consecutive order.

Involving all key parties at all four stages of co-production is not always possible or practical. It is more important to work towards a culture of coproduction, ensuring that the co-production is meaningful and not being undertaken 'for the sake of it'.

### **Co-design**

All stakeholders are actively involved in the design process. Anyone with a personal need or want is put at the heart of developing any change / solution.

### **Co-delivery**

Everyone's knowledge, skills and experience is understood, valued equally and used to deliver any change / solution

### **Co-evaluation**

Delivery is evaluated collectively and ideas to continuously improve outcomes are discussed together.

### **Co-governance**

Everyone is given the opportunity to be involved and have a voice in any platforms, structures or bodies where decisions are made. This should be an on-going process





# **6** Principles of Co-Production

There are six principles of co-production and they are relevant to all four of the co-production stages. When these six principles come together they can lead to positive, long term change. Work to get people in Leeds more active should try to apply all of these principles, however, it may take time for the principles to embed and be understood.



# **The 6 Principles Explained**

### Valuing experiences, skills and knowledge (assets):

Everyone values each other for the experiences, skills and knowledge that they bring.



#### **Abilities:**

Planning and delivery is shaped around everyone's experiences, skills and knowledge, and includes the opportunity for individuals to develop and grow.

# Shared roles/power: Everyone is an equal partner

with an active role in planning, running, evaluating and delivering.

88

### **Enabling:**

There is a focus on connecting people and resources, removing barriers and developing skills. This helps ensure everyone has the opportunity, confidence and ability to engage in co-production.



### **Everyone benefits from** working together (mutuality):

There is an awareness and understanding that everyone must benefit from working together. Benefits are personal to each individual, but can include learning opportunities, financial benefits and/or a sense of contribution.



#### **Networks:**

The importance of personal, professional, community and social networks are recognised. All networks will achieve more if they support each other to be better connected, developed and engaged.



# 7 Other Things to Consider:

As well as using the stages and principles of co-production when planning a project or piece of work, it's also important to think about the following points:



### **Communication**

Communication is important to everyone and is part of everything we do. Good communication is; clear, accessible, regular, timely, considerate and trustworthy. Most importantly good communication should be two-way, planned from the start and closed off appropriately when things move on.



### **Equality and Inclusivity**

The co-production 'space' needs to feel safe and be open to all. Everyone should be able to access an environment where they can speak freely and confidently. It is important that consideration and energy is given to ensuring engagement with those who would not usually take part.



### Organic

Whilst a clear direction is important for effective co-production time and space must be allowed for things to happen and grow naturally. Co-production should not be forced. The time needed to co-produce will differ in different situations, so it is important that pace is adapted to suit the energy and momentum of different partners, especially those with 'lived experience'.



### Collaboration

Collaboration must be at the heart of co-production. This is where everyone works together and the sharing of power, resources, learning and ideas is the norm. Remember that not everyone will want to share power and accountability in equal measure, so it is important to discuss expectations early on in the coproduction process and to agree what part everyone wants to play.

### Learning



Understanding that everyone is on a journey together to support a whole city to be active and every bit of learning is important in telling the story and driving change and must be thought about, reviewed and shared. We must not be afraid to take steps forward and make mistakes. Mistakes are key learning experiences.

### **Guiding Principles**

These principles must not be treated as a model that must be followed, where work cannot start until everything in place, but simply a guide to a way of working. Being realistic about this expectation will ensure co-production can progress across all areas of work.

### **Social interaction**

Co-production naturally thrives in social environments where there's collective action. Creating and encouraging environments where people come together around a topic or specific action, helps develop relationships and importantly a sense of belonging. Remember that co-production doesn't need to be a formal approach. Informal interactions are just as important, sometimes more so.



## **Co-Production Self-Audit Tool**

A self-audit tool helps assess how well you are embedding the principles of co-production. It can be used for any piece of work whether it is a specific project, part of a project, a service or the development of policies or resources. Ideally, a self-audit should be used regularly to help with planning, reviewing and improving work for next time.

Below are two types of audit;

The Four Stages of Co-production.

### The Six Principles of Co-production.

For a deeper reflection of work, both should be completed but they can be completed individually as standalone audits. If you are short of time, the Four Stages of Co-production can be completed quickly, providing a snapshot and identification of areas that could be co-produced more.

Preferably, both audits should be completed in a group setting with a range of people that have been involved. This enables deeper discussion around ways of working, helps identify the most appropriate score and helps explore changes that could improve co-production in the future.

# Assessment of the Four stages of Co-production

For each stage of co-production, read the definition and give your project or piece of work a score between 1 and 3. An example is provided for guidance.

1 = Not there yet, 2 = Making Progress, 3 = Excellent. An example is provided for guidance.

	Stage	Example	Evidence	Score
	<b>Co-design</b> Stakeholders (e.g. employees, partners, customers, citizens, end users) are actively involved in the design process ensuring the result meets their needs and is usable. Co-design ensures people that the piece of work, project or policy will have a direct impact on are at the heart of developing any change or solution.	Excellent example - Co-designing a park re-development A wide range of people are involved; community leaders, park uses across different ages and under-represented groups, as well as organisations that use the park, alongside the designers and local council, all co-designing together.		1 2 3
2	<b>Co-delivery</b> As part of the delivery phase, resources are utilized, strengths are built on and people are provided opportunities for learning and development.	Making Progress example – Local History Walks Local Ramblers provide maps of existing routes and lead the walks, whilst a voluntary librarian delivers the historic information on the walks collected from a team of local librarians. There are no plans to upskill other volunteers to become qualified walk leaders or to teach others the historic information.		1 2 3

# Assessment of the Four stages of Co-production - continued

For each stage of co-production, read the definition and give your project or piece of work a score between 1 and 3. An example is provided for guidance.

1 = Not there yet, 2 = Making Progress, 3 = Excellent. An example is provided for guidance.

	Stage	Example	Evidence	Score
3	<b>Co-evaluation</b> Evaluating effectiveness and making decisions on improvements is done together to continuously get better and grow.	Not there yet example – A community litter pick project A group of people evaluate the project that took part made up of local councilors and a community leader, no other local residents or local organisations that took part where invited.		1 2 3
4	<b>Co-governance</b> Making decisions with people; giving people a voice and coming to conclusions together. Co- governances ensure everyone is given the opportunity and involved in any platforms, structures or bodies where decisions are made, formal or informal, and continued through the life of the work.	Making Progress example – Diabetes Physical Activity Steering Group A group have been efficiently operating for 5 years, providing advice, support and championing Physical Activity within the established Diabetes structures. The group have lost some of the community leaders and citizens that have the condition, diabetes, and have not made efforts to engage/recruit other representatives.		1 2 3

# **Assessment of the 6 Co-Production Principles**

### Identifying your score

For each of the six principles of coproduction consider where you are on the scale from 1 to 9 and circle the number matching your score. Use the descriptions and examples as a guide to what a score of 3 or a score of 7 might look like in practice.

# 2.

### Justifying your score

For each score that you give, provide at least one practical example based on activities, to show why think the score is right. Try to avoid generic examples. If you cannot think of a practical example that reflects the score you have chosen, then you should rethink your score.

# 3.

# Reflecting on your score

Having completed each principle, these scores should be transferred to the spider chart at the end of this document, to give a visual picture of your scores across the co-production principles. Plot where you sit for each of the 6 principles. This picture is designed to act as an ongoing reminder of the current state of co-production. Depending on your results, you should think about what you can do to improve for next time. Alternatively, you may wish to share your success so others can learn from your good practice.

## 1. Example: Development of a new parkrun

Co-production Principle	Not there yet	Not there yet Making progress Excellent						
	Everyone is recognised as ho skills, experience and knowle some opportunity to use and qualities where they fit within work.	edge. There is develop these	what they are that everyone	ked what they lik good at. It is see is supported to u interests and quo work.	n as important se and	Everyone's experiences, skills and knowledge are seen as essential to the design and delivery of the project or wor		
•	Evidence		Evidence	e		Evidence	9	
Valuing everyone's skills, experiences and knowledge (Assets) Everyone values each other for the experiences, skills and knowledge that they bring to the project and work.	At planning meetings volunteers and paid workers talk about their own experiences in recruiting participants, recruiting and managing volunteers and the management of other local parkruns, drawing on from their own experiences as parkrun volunteers or members of other parkrun set-up groups. A lead volunteer then devised an action plan for the next 6 months.		At planning meetings initially everybody is asked what they like doing, what they feel they are good at and what skills they could bring to support the set-up of the new parkrun. Volunteers and paid workers then			The first planning meeting focuses on the people that are attending, giving each person a voice to share their likes, hobbies, paid and voluntary roles they have, as well as skills they want to share and want to develop as part of the proje and beyond. This is captured. People also share their experiences and knowledge i park runs, events, volunteer managemen participation. From this, considerations and discussed and people begin discussing the vision and co-designing a plan.		giving heir likes, oles they nt to share of the project People also nowledge in anagement, lerations are iscussing their
Your score	1 2	3	4	5	6	7	8	9

## 2. Example: A sewing group

Co-production Principle	Not the	re yet		Making	progress		Excellen	t	
	experience ar to the project knowledge ar communities.	kills, knowledge e seen as more or work than the nd experience of The professiona ommunities and	important e skills, of people and ls do 'to' the	Everyone's contribution to the project or work is recognised and improved through learning and development opportunities. This contribution is determined by the needs of the project or work. Everyone's contributions are vita The project or work is shaped to knowledge and experience of e involved. Personal development common expectation.				o fit the skills, everyone	
	Evidenc	е		Evidence	)		Evidence	e	
Abilities Planning and delivery is shaped around everyone's experiences, skills and knowledge, and includes the opportunity for individuals to develop and grow.	<ul> <li>d delivery around</li> <li>sector organisations but no residents attended.</li> <li>lt was agreed that a series of different community taster session would be put on to see what's popular.</li> </ul>			Residents attended and professionals facilitated the session. All attendees had an opportunity to talk about their interests, hobbies, skills, experience around organising social activities and knowledge of the 'what's worked locally'. It was agreed that sewing and textiles group would be popular and that a third sector organisation would be paid to deliver a block of sewing sessions. There would be opportunities for local residents to volunteer to assist the paid workers and support the session with the aim of develop volunteers to take over leading the sessions. There would be a meeting each week to talk about progress, role and development opportunities.			Residents organised a community meeting to discuss organising community activities across the year and engaging more local people. All attendees talked about their interests, hobbies, skills, experience around organising activities and knowledge of the 'what's worked locally'. After everyone had a voice, it was decided that a sewing group would be set-up, led by a group of local residents, as there was a common thread across the community around textiles. It was agreed that different people would lead the sessions each week bringing new and different skills to the group and everyone would talk about how it felt leading the session. The group agreed to support with marketing and promotion and develop each other's skills in these areas.		
Your score	1	2	3	4	5	6	7	8	9

## 3. Example: A Community Group

Co-production Principle	Not there yet		Making	progress		Excellen	t	
	People and communities are lister their views taken into account. Pro have the active part in running, ev directing and delivering projects of				Everyone has an active role and responsibility in running, evaluating, directing and delivering projects and wor Everyone's opinions have equal weightin			
	Evidence		Evidence	9		Evidence	9	
Shared Roles / Power Everyone is an equal partner with an active role in planning, running, evaluating and delivering	A community group has been set a few months now to increase con provision and active opportunitie chair of the group is a resident, al a few other members and the rest workers. The time of the meetings are set b paid workers availability, the age dictated by the paid workers rem although residents get voice, the f decision comes down to a paid w Environment/ mtg setting	ommunity es. The Ilongside It are paid oased on enda is nit and final	projects and work are developed, d and delivered. Professionals are resp for securing funds and the majority c	es and paid tation is p of residents. en an d ideas are is created deas, roles and oss the group Residents work	skills, knowled in the room or paid workers of are ideas and separate discu how these idea engaging othe	s created that's ge and experier other committed and residents. W no skills or resor ssions were plan as could be bou rs across the co eryone together	nce of people d individuals, /here there urces needed, nned to see ght to life by mmunity. The	
Your score	1 2	3	4	5	6	7	8	9

## 4. Example: Football provision

Co-production Principle	Not the	re yet		Making	progress		Excellen	t		
	to the develop	nvite people to oment of project ned and delive	ts and work.	delivered but t professionals. Professionals b for people to u	-designed and c ne control is still egin to develop ndertake leader within the project	held by the opportunities ship and	social, active provision on their doorstep for their children. A local community organisation got back in touch with the parents and together they agreed to invite anyone who wanted to help increase provision to come to the community centre for a chat. The community organisation invited the football foundation to the meetin to see if their funding and resources could support the parents. At the meeting the parents bought their teenagers and together they designed what their new football		rces, ping skills pple and	
	Evidence			Evidence	9		Evidence	In an area, residents wanted some positive social, active provision on their doorstep		
Enabling A focus on connecting people and resources, removing barriers and developing skills, so everyone has the opportunity, confidence and ability to engage in co-production	develop youth after local par active provision is organised to		sion in an area ome social, Iren. A meeting proposals and	with local peopleaders to desi leadership, vol that can be de by the group. A continue meeti support each c	A football foundation facilitates a r with local people and other commun leaders to design the provision and to leadership, voluntary and paid opport that can be designed and delivered of by the group. A smaller group then d continue meeting every other week to support each other in their roles and the project with the foundation.		social, active provision on the d to discuss oportunities ed entirely n decide to k to keep nd manage for a chat. The community or invited the football foundation to see if their funding and rese support the parents. At the me parents bought their teenage		r doorstep munity a with the eed to invite acrease nunity centre anisation to the meeting urces could eting the s and together football d how they pall foundation urces,	
Your score	1	2	3	4	5	6	7	8	9	

## 5. Example: An Ambassador Programme

Co-production Principle	Not the	re yet		Making	progress		Excellen	t	
	Some informal 'give and take' occurs as a result of everyone working together. There is usually a dominant beneficiary.				vs that their invol lued and reward enefit from the re mised as mutual stood by everyou	ded. elationship, but benefits are	and are aware	tifies what is val of the mutual b ner. All parties b	enefits of
5.2	Evidenc	e	Evidence			Evidence	9		
Everyone benefits from working together (Mutuality) An awareness and understanding that everyone must benefit from working together. Benefits may be personal to each individual, but could include learning opportunities, financial benefits and/or a sense of contribution.	female-only p programme to inspire and er lead an active ambassadors being part of	paid workers de physical activity of find women th mpower other w e life as well as . The women red it as well as vol have formed ne	ambassador at would vomen to activate more ally enjoy unteering	The social benefits have been openly discussed on the ambassador's Facebook group. The ambassadors have been recognised for their efforts and have won awards. Additional benefits have been taken-up such as training and mentoring opportunities. The paid workers support The program co-designed an celebration eve governance arr by a lead ambo discussions are feels valued, red		nme is now completely and includes an annual vent. There are now urrangements in place chaired bassador and regular e had to ensure everyone recognised and feels they are h feedback survey in place.			
Your score	1	2	3	4	5	6	7	8	9

## 6. Example: Activity provision for the elderly

Co-production Principle	Not the	re yet		Making	progress		Excellen	t	
	networks are	l, community ar valued by every ngaged in the c ork.	yone, but not	networks are v engaged by ev	alued and pro-c veryone when th	actively	Everyone engages in activities that connect peer, personal, community and social networks and activities beyond the remit of the project or work. Growing networks outside the 'project' is seen as a core activity. <b>Evidence</b> The organising group are already connected, engaged and support a variety of other groups and networks and are connected to a wider web of individuals th support other networks. This work is seen a crucial core work. The intervention concept was discussed at a wide variety of network and groups from neighbourhood networks to long term condition support groups, peet and family networks and luncheon clubs. The intervention was co-designed.		d social d the remit g networks
	Evidence			Evidence	9		Evidence		
<b>Networks</b> The importance of personal, professional, community and social networks is recognised. All networks will achieve more if they support each other to be better connected, developed and engaged.	elderly resider is specifically and manager condition. No	n is developed nts in activity. Th designed to sup pain caused by networks are e igning or delive	ne activity oport them a long-term engaged	ocial b, but not ery ofPeer, personal, community and social networks are valued and pro-actively engaged by everyone when they directly support the project or work.Everyone of peer, personal, community and social networks are valued and pro-actively engaged by everyone when they directly support the project or work.Everyone of peer, personal, community and social networks are valued and pro-actively engaged by everyone when they directly support the project or work.Everyone of peer, personal, community and social networks are valued and pro-actively engaged by everyone when they directly support the project or work.Everyone of peer, personal, community and social networks are valued and pro-actively engaged groups and networks around long-term conditions and the friends and families of potential participants to promote the intervention and gain participants.Everyone of peer, personal, community and social networks around long-term conditions and gain participants.thisThe organising group engage groups and networks around long-term conditions and the friends and families of potential gain participants.The organis connected, of other groups and connected, of other groups and and groups around and groups are also and groups to long term and family	connected, eng of other group connected to a support other r crucial core wa was discussed and groups fro to long term co and family net	ganising group are already cted, engaged and support a variety or groups and networks and are cted to a wider web of individuals that ot other networks. This work is seen as core work. The intervention concept scussed at a wide variety of networks oups from neighbourhood networks, term condition support groups, peers mily networks and luncheon clubs.			
Your score	1	2	3	4	5	6	7	8	9

Co-production Principle	Not there yet		Making	progress		Excellen	t	
	Everyone is recognised as having skills, experience and knowledge some opportunity to use and dev qualities where they fit within the work.	e. There is relop these	what they are that everyone	ked what they lik good at. It is see is supported to u interests and quo vork.	n as important se and	knowledge are	periences, skills a seen as essenti livery of the pro	al to the
	Evidence		Evidence	9		Evidence	9	
Valuing everyone's skills, experiences and knowledge (Assets) Everyone values each other for the experiences, skills and knowledge that they bring to the project and work.								
WORK								
Your score	1 2	3	4	5	6	7	8	9

Co-production Principle	Not there yet		Making	progress		Excellen	t	
	Professional skills, knowledge and experience are seen as more imp to the project or work than the ski knowledge and experience of pe communities. The professionals do people and communities and not	portant ills, pople and o 'to' the	work is recogn learning and d	tribution to the p sed and improve evelopment opp determined by th	ed through ortunities. This	The project or v knowledge and	ntributions are vi work is shaped t d experience of anal development ctation.	o fit the skills, everyone
<b>*</b>	Evidence		Evidence	•		Evidence	9	
Abilities Planning and delivery is shaped around								
everyone's experiences, skills and knowledge, and includes the opportunity for individuals to develop and grow.								
Your score	1 2	3	4	5	6	7	8	9

Co-production Principle	Not there yet		Making	progress		Excellen	t	
	People and communities are listen their views taken into account. Prof have the active part in running, eve directing and delivering projects a	fessionals aluating,	projects and w and delivered.	s to shape the wo ork are develope Professionals are nds and the majo	ed, designed e responsible	responsibility in directing and c	an active role ar n running, evalu delivering projec nions have eque	ating, ts and work.
	Evidence		Evidence	9		Evidence	9	
Shared Roles / Power Everyone is an equal partner with an active role in planning, running, evaluating and delivering								
Your score	1 2	3	4	5	6	7	8	9

Co-production Principle	Not there yet		Making	progress		Excellen	t	
	Professionals invite people to the development of pro It is then designed and del professionals.	ects and work.	delivered but th professionals. Professionals b for people to u	-designed and c ne control is still l egin to develop ndertake leader vithin the project	held by the opportunities ship and	people to netw removing barri and confidenc	les focus on cor vorks and resour ers and develop e to support peo design and del ork.	rces, ping skills pple and
	Evidence		Evidence	9		Evidence	9	
<b>Enabling</b> A focus on connecting people and resources, removing barriers and developing skills, so everyone has the opportunity, confidence and ability to engage in								
co-production								
Your score	1 2	3	4	5	6	7	8	9

Co-production Principle	Not there yet		Making	progress		Excellen	t	
	Some informal 'give and take' or result of everyone working toget There is usually a dominant bene	her.	recognised, va Most people b this is not maxi	vs that their invol lued and rewarc enefit from the re mised as mutual tood by everyou	led. elationship, but benefits are	and are aware working togeth	tifies what is val e of the mutual b ner. All parties b	enefits of
5.2	Evidence		Evidence	9		Evidence	9	
Everyone benefits from working together (Mutuality) An awareness and understanding that everyone must benefit from working together. Benefits may be personal to each individual, but could include learning opportunities, financial benefits and/or a sense of contribution.								
Your score	1 2	3	4	5	6	7	8	9

Co-production Principle	Not there yet		Making progress			Excellent		
	Peer, personal, commu networks are valued b pro-actively engaged projects or work.	y everyone, but not	networks are v	, community and alued and pro-c veryone when th pject or work.	actively	peer, personal networks and o of the project o	ages in activities , community and activities beyond or work. Growin oject' is seen as	d social d the remit g networks
	Evidence		Evidence			Evidence		
<b>Networks</b> The importance of personal,								
professional, community and social networks is recognised. All networks will achieve more if they support each other to be better connected,								
developed and engaged.								
Your score	1 2	3	4	5	6	7	8	9

# **Displaying your scores**

This spider chart is a simple way of displaying your co-production self-assessment scores altogether. It can help visually identify strong areas and areas for development.

Start with a coproduction principle and plot your score taken from your self-assessment audit. Mark an 'X' in the centre of the coproduction principle wedge on the line that matches your score e.g. 4. Working your way around the chart, continue plotting the remaining principle scores in their corresponding wedge in the centre on the line that matches your score for each. Once completed, draw a line from your first principle score marked 'X' to the second principle score marked 'X' and continue joining the principle scores, one by one. See example.



Networks

Assets

9

8

7

6

5

4

## **Next Steps**

It is important to take the opportunity to reflect on your co-production scores and next steps for development, to help strengthen the weaker areas and work towards a stronger co-production approach.

The table below can be used to plan your priorities for future work.

Co-production Principle	Current Score	Key areas of action needed to increase the score	Progress Update (to be completed at a later date e.g. after 3 months)
Assets			
Abilities			
( ) Shared			
Enabling			
Mutuality			
Networks			

## **Next Steps**

It is important to take the opportunity to reflect on your co-production scores and next steps for development, to help strengthen the weaker areas and work towards a stronger co-production approach.

The table below can be used to plan your priorities for future work.

Co-production Principle	Current Score	Key areas of action needed to increase the score	<b>Progress Update</b> (to be completed at a later date e.g. after 3 months)

# References

**NESTA (2012) People Powered Health Co-production Catalogue [online]. Available from:** https://media.nesta.org.uk/documents/co-production\_catalogue.pdf

**EQUIL Consortium (2015) A toolkit for co-production [online]. Available from:** http://www.equilco-production.eu/project/wp-content/uploads/2017/11/IO4-En-Toolkit.pdf

New Economics Foundation (nef.) (2011) The Co-Production Self-audit Tool [online]. Available from: http://api.ning.com/files/VqSMh5MT5ZMNc9040-7x-3tlsar02l0JTvoqW7EeoW6MoLSEhi\*CKaDWNipgAPhL0zyoXM HLIKSzAiH2Q2pyKnf0GbgscwEG/Co-productionaudittool.pdf

UCL Partners (2019) What should co-production in health look like. Available from: What should co-production in health look like? | UCLPartners